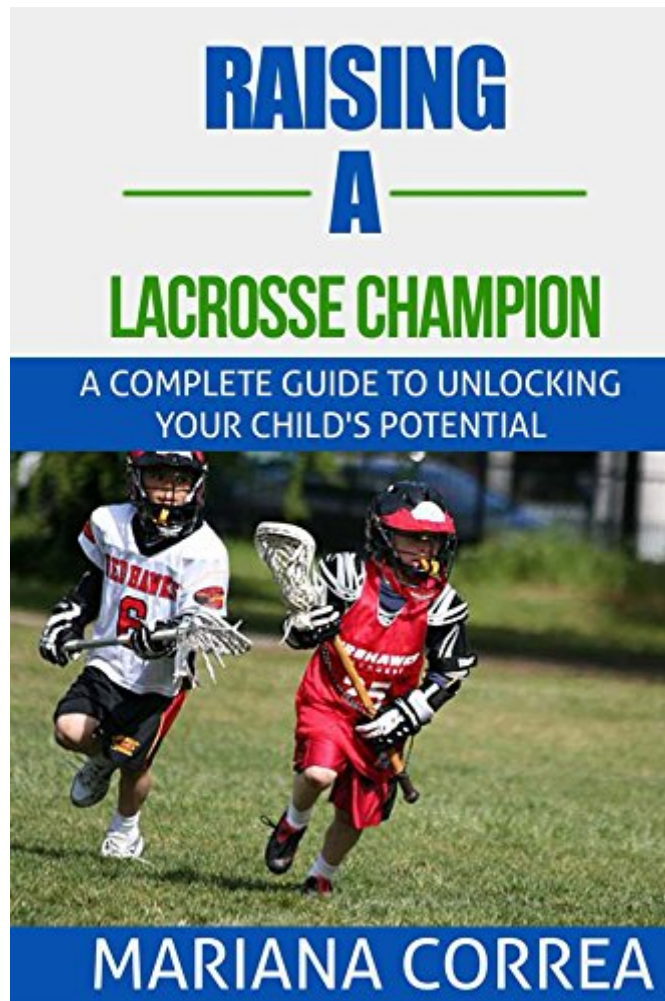


The book was found

Raising A Lacrosse Champion: A Complete Guide To Unlocking Your Child's Potential



Synopsis

Raising a Lacrosse Champion is the best and most complete book out there for any lacrosse parent. With the perfect combination and inspiration your child will be on the path to greatness. The author Mariana Correa is a former professional athlete and certified sports nutritionist that competed successfully all over the world. She shares years of experience both as an athlete and a coach bringing a priceless perspective to parents. This book goes beyond the subject of lacrosse, every aspect to excel is explained including mental training, on field training, nutrition and much more with a clear and easy way to understand. After reading this book you will be empowered to help your child be a happier, healthier and fitter lacrosse champion.

Book Information

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